

HOW TO DISCUSS PRENATAL SCREENING RESULTS

KEY POINTS

- Screening is not diagnostic
- eFTS / MSS only screen for Down syndrome and Trisomy 18

Positive Screen Results

- A positive screen result does not mean the pregnancy is affected with a trisomy. It means that the chance is increased above the accepted cut-off
- If screen results are positive, both NIPT and invasive testing should be offered for the pregnant person to choose
- A referral for genetic counselling can be offered where available
- Only invasive diagnostic testing (chorionic villus sampling or amniocentesis) can provide a diagnosis

Traditional Screening

eFTS / MSS



eFTS - enhanced First Trimester Screening
MSS - Maternal Serum Screening
NIPT - Non-Invasive Prenatal Testing

Negative Screen Results

- A negative screen result is reassuring
- A negative screen result does not guarantee the birth of a baby with no health concerns
- A negative screen result would typically not prompt the offer of invasive diagnostic testing, in the absence of additional risk factors